



Marriage Shock: The Transformation of Women into Wives

Dalma Heyn

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Relationship expert Dalma Heyn asks not what is good for marriage but what is good for *women* in marriage—a question, she finds, that promises a much different answer and more fulfilling lives

Marriage, as we are told, makes a woman complete, more *womanly*. Why, then, do so many brides discover that the fun-loving, passionate single gal they used to be has been transformed into a woman recognizable only as a *wife*—a woman who unconsciously represses her own needs, wants, and vitality “for the sake of the marriage”?

Attacking the pervasive cultural myths that ask a wife to choose between her marriage and her own growth and self-expansion, *Marriage Shock* explores the ways in which wives can overcome deeply ingrained social and personal expectations and flourish both as wives and as individuals.

This ebook features a new introduction by Dalma Heyn and an illustrated biography including rare photos from the author’s personal collection.

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For most women, finding a husband was the most important investment they could make in their economic future. 10. In the lower classes, marriage was also an economic transaction, but and political on a different scale.Â But love was not the main thing that people took into account in deciding when and whom to marry. And when divorce occurred, it was more often to get a better set of in-laws or because of childlessness rather than because love had fled the home.Â 21. We are indeed in the middle of a world-historic transformation of marriage and family life. Things are changing so fast that it is hard to tell which new relationships and interpersonal outcomes we observe are features of a new system and which are products of the transitional period we are going through. Married women are far more depressed than married men - in unhappy marriages, three times more; and - interestingly - in happy marriages, five times more. In truth, it is men who are thriving in marriage, now as always, and who show symptoms of psychological and physical distress outside it. Not only their emotional well-being but their very lives, some studies say, depend on being married! Dalma Heyn. Marriage, Men, Emotional. Dalma Heyn (2011). â€œMarriage Shock: The Transformation of Women into Wivesâ€, p.10, Open Road Media. 1 Copy quote. Show source.