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THE ALTITUDE EXPERIENCE: SUCCESSFUL TREKKING AND CLIMBING ABOVE 8,000 FEET
by Mike Farris, Published by Falcon Publishing Spring 2008


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THE ALTITUDE EXPERIENCE: Successful Trekking and Climbing Above 8,000 Feet (Falcon). Mike Farris. The first comprehensive
guide for climbing above 8,000 feet. The one-volume resource for any traveler who will be at high altitude for any period of time, this
guide contains organized technical information from medical and science texts as well as anecdotes from real climbers who share their
own experiences, in the body as well as the mind. Mike Farris is a biology professor at Hamline University and an experienced high-
altitude climber who has traveled throughout North America, South America and the Himalayas. He lives in Northfield, Minnesota.
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