Outstanding leadership honored

The weather was just about perfect as 37 honorees and their supporters gathered at the MIAA Office May 29 to be recognized for their achievements at the Fourth Annual Coach of the Year and Student-Athlete of the Month Banquet.

After hors d’oeuvres, photosessions, video interviews and dinner, the honorees heard guest speakers and received award plaques.

Representing the youth perspective, Jennifer O’Donnell, a Boston College student who graduated from Norwood High School in 2013 and was MIAA Student-Athlete of the Month in March 2013, spoke on the impact of educational athletics in her life. She told the current high school students that the work ethic and time-management skills they have honed as high school athletes will serve them well in college. “When making choices, think about the lessons you learned from sports,” O’Donnell said.

She closed with a phrase she found memorable from last year’s banquet speaker: “Make yourself proud.”

Representing the adult perspective was Rick Kates, Track Coach at Notre Dame Academy (Hingham), a 2012 MIAA Coach of the Year and a National Federation of High Schools (NFHS) National Coach of the Year for 2013.

“I am so motivated by you,” Kates told the student-athletes. He summarized his upbringing in Dorchester, and emphasized that athletics was the main key to his success. Citing motivation, leadership and determination as key components for success in athletics, he stressed, “the most important thing is when you come back, you can be successful in life.”

The first award of the evening was for Carol Martini, the Massachusetts Nominee for the 2014 NFHS Spirit of Sport Award. This award recognizes individuals who exemplify the ideals of the positive spirit of sport that represent the core mission of education-based athletics. At Andover High School, in addition to teaching Physical Education and serving as Assistant Coach for Boys Basketball, Martini created and facilitates a group of student-athletes who are working to help those in need.

The State Associations of Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont and New York will host this year’s conference at Stonehill College in Easton. Once again, more than 275 student delegates are expected for the four-day event, the flagship initiative of MIAA’s Educational Athletics program under the Leadership Pillar. Look for highlights in the next edition of Building the Future.

MIAA will once again team with Northeastern University’s Center for the Study of Sport in Society to offer the Bullying Prevention Institute. MIAA will once again team with Northeastern University’s Center for the Study of Sport in Society to offer the Bullying Prevention Institute.


MIAA banquet honors coaches, student-athletes
continued from page 1

dent-athlete leaders. The program, known as "The Warrior Way," trains them in leadership skills and gives them opportunities to put those skills into action through mentoring and community service.

The MIAA Coach of the Year Award seeks to recognize and honor "teacher-coaches" who have influenced their student athletes by encouraging success, self-confidence, ambition, a strong work ethic and other positive values. The Coaches of the Year are:

Football: David Woodruff, Bishop Fenwick High School
Basketball (Boys): Bob Crook, Braintree High School
Basketball (Girls): Kristen McDonnell, Patrick Driscoll High School
Ice Hockey (Boys): David Fasano, Braintree High School
Gymnastics (Boys): Paul Chasse, Dracut Senior High School
Softball: George Roy, Dracut Senior High School
Soccer (Boys): Gary Graham Taylor, Lincoln-Sudbury Regional High School
Field Hockey: Amy Simons, Longmeadow High School
Golf: Rich Lazou, Lynnfield High School
Hockey: Ryan Regan, Needham High School
Cross Country Track (Girls): Cara O'Connell, Needham High School
Volleyball (Girls): Ann McCaul, Needham High School
Tennis (Boys): Geoff Burgess, North Attleboro High School
Outdoor Track (Boys): Kent Taylor, North Attleboro High School
Swim & Diving (Girls): Karen "Kim" Goodwin, Norwood High School
Outdoor Track (Girls): Nicholas DiPlato, Jr., Shrewsbury High School
Cross Country Track (Boys): Michael Becker, Sturgis East Charter Public

Soccer (Boys): Michael Elster, Sutton High School
Swim & Diving (Boys): Claude Valle, Weston High School

The MIAA Student-of-the-Month Award honours recognize student athletes who excel in the classroom, in competition and as good citizens in their communities; these awards are bestowed each month, September through April. The 2013-14 honorees are:

April: Lauren Grondin, Smith Academy (Hatfield), and Andrew Botros, Dracut Senior High School
March: Alexandra "Ally" Jones, Milton High School, and James "JJ" O'Donnell, Norwood Senior High School
February: Kate Spizer, Marshfield High School, and Leonardo Ramirez, Fitchburg High School
January: Anna Smockovich, Arlington High School, and Andrew DiMattia, St. Mary's High School (Lynn)

Leadership

December: Alyssa Bellino, Saint Peter Marian Jr/Sr High School, and John Runney, Marblehead High School
November: Kayla Humel, Chicopee High School, and Peter Bae, Milford High School
October: Sarah Veen, East Longmeadow High School, and Max Bassett, Plymouth South High School
September: Mary Stafford, Dennis-Yarmouth Regional High School, and Bradley Bousquet, Athol High School

Citizenship Days honor student-athletes who serve

Recognizing the Community Service accomplishments of student athletes throughout the Commonwealth takes more than one day. The MIAA 2014 Community Service Awards were conferred during two Massachusetts Student-Athlete Citizenship Days this spring. The first, on April 11 at the Naismith Memorial Basketball Hall of Fame, served Districts F, G and, the second, on April 15 at Northeastern University, served Districts A, B, C, D, E & H.

The days honor individual student-athletes and teams who have participated in service activities in their communities, and, in some cases, began new service initiatives.

In addition to the conferring of awards, programming for the days also included speakers and panel discussions. The featured speaker for the Springfield Event was Colonel James J. Kreeger, Commander, 104th Fighter Wing, Barnes Air National Guard Base, Massachusetts Air National Guard, the Northeastern event featured Brigadier General Paul G. Smith, Commander, Land Component Massachusetts Army National Guard.

Panel discussions included titles such as "Athletes as Role Models," and "Creating a Community of Service," at the Northeastern event, the Springfield panels looked at Educational Athletics from both a student and an adult perspective.

Lauren Bard, who works at English High School, Boston, through a non-profit drop-out-prevention agency, Communities in Schools Boston, was thrilled to see her "Service to Mankind" student win the award for School Class, Club or Organization. She facilitated a breakout session at the Northeastern event and said it was satisfying to hear the students, including her own, reflecting on what they learned from their experiences with community service.

"I thought it was an excellent event in that students got to meet amazing guest speakers talk about service as an enriching part of their lives. I brought about 15 students to the event, and I loved that they got recognized for their commitment to others. Our students have so much skill and talent that they are developing and they need opportunities to let the world know. We need to give our students with a chance to give back to their peers and their community. Recognizing them for doing so is an amazing way to encourage them to continue to be of service."
Leadership

2014 Boston Bruins–MIAA Sportsmanship Awards conferred at TD Garden

For the 12th consecutive year, the MIAA and Boston Bruins have partnered to honor a student-athlete from every boys and girls high school ice hockey league in the state for best exemplifying a commitment to the ideals of sportsmanship throughout the season. These student-athletes were selected by representatives of their league according to the following award criteria:

- An exemplary record of complying, both in spirit and letter, with all league and MIAA rules and regulations during the season.
- A demonstrated record of respectfully accepting the rulings of game officials.
- A record of conduct, on and off the ice that brings honor to self, team, school, and community.
- A commitment to teamwork by providing all members with recognition of their talents, an opportunity to contribute them to the team, and a spirit of camaraderie.
- A demonstrated respect for opponents before, during, and after games.

Girls LEAGUES

Bay State Conference, Dana Campbell, Needham High School
Catholic Conference, Shannon McIain, Fournonrome Academy
Independent Schools, Gina Groom, Bishop Fenwick High School (Peabody)
MVC/DCL–Large, Jillian Lydon, Boston Latin School
MVC/DCL–Small, Isabelle Williams, Concord-Carlisle High School
Middlesex League, Olivia Bryant, Lexington High School
Northeastern Conference, Nicole Woods, Beverly High School
SEMGHL–Central, Elizabeth Collins, Duxbury High School
SEMGHL–Northeast, Jess Govorni, Whitman-Hanson Regional High School
SEMGHL–Southeast, Alex Clark, Martha's Vineyard Regional High School

SEMGHL –West

Sobian Burke, Westwood High School

BOYS LEAGUES

Atlantic Coast League, Joey McNinus, Plymouth North High School
Bay State Conference, Griffin Bailey, Nashik High School
Berry Division, Aaron Cty, Minnetonnaug Regional High School (Wilbraham)
Big Three, Alex Radcliffe, Brockton High School
Boston City League, Brendan Roche, Excel High School

Cape Ann League, Shane Driessil, North Reading High School
Central Catholic League –Large, Jackson Allard, St. Mary's High School (Lynn)
Central Catholic League –Small, Nick Cervizzi, Lowell Catholic High School
Catholic Conference, Stephen DeForge, Boston College High School
Commonwealth Athletic Conference, Scott Brown, Shawshen Valley Technical High School (Billerica)
Cougar Conference, Steven Lengier, Nashoba Regional High School (Bolton)
Fay-Wright Division, Ryan Kaezroid, Chi-copee High School
Greater Boston League, Ethan Beazo, Cambridge Rindge and Latin School
Hennessey League, Aaron Norton, Monument Mountain Regional High School (Great Barrington)
Hochomock League, Tyler Durrerble, Attleboro High School
Independent Schools, Gerard Colpoy, Hingham High School
MVC/DCL–Division 1, Corey Webber, Central Catholic High School (Lawrence)
MVC/DCL–Division 2, Jack Gorman, Haverhill High School
MVC/DCL–Division 3, Molly Millert, Lowell High School
Northern Conference, Anthony Uva, Lynn English High School
Patricia League, Matthew Hill, Silver Lake Regional High School (Kingston)
Roy Division, Connor Maguire, Groton-Dunstable Regional High School
South Coast Conference, Jeremy Lawton, Fairhaven High School
Tri-Vally League, Spencer Wilson, Ashland High School

Building the Future

For additional information on any of the Wellness Initiatives, to register for a program, or to discuss hosting a program at your school or in your region, please contact Karen Nardone, YOU LEAD Program Coordinator, at 508-541-7997 or knardone@miaa.net.

Wellness highlights and previews

Wellness Summit

Save the date! The 2014 Wellness Summit will be held Friday October 24 from 8:00-1:30 at the Double Tree Hotel in Westborough.

The Wellness Summit offers 12 concurrent workshops on a variety of wellness topics, 25 resource exhibitors, and an award ceremony to recognize those individuals who have a positive impact in our schools and communities. Students are encouraged to register a team of student and adult leaders. Space is limited and fills quickly.

Wellness Workshop Series

The 2014-2015 school year brings an exciting assortment of Wellness Workshops including First Aid, CPR, AED Certification classes, the ever-popular Wellness Educator Showcase, Faces of Addiction Series, Injury Prevention, Leadership and more. Please visit our website regularly for program fliers and information updates.

YOU LEAD

The YOU LEAD program wraps up another great year. Program dates and locations for 2014-2015 will be finalized soon. The YOU LEAD program is designed to empower youth to be substance-free. Middle and high school groups attend a day-long workshop that features problem solving, networking, resource sharing, and an action-planning session. Students are challenged to connect with other youth and to create clubs and events that offer an alternative to underage substance use. Please visit our website for program fliers and information.

Talking Phone Book Project:

Have you thought about bringing a presenter to your school or community but don’t know where to start? Need resource information? The MIAA will soon launch its “Talking Phone Book,” a video compilation of experts on particular topics. Each video will introduce you to a member of our Partners in Prevention, their organization, and the resources that they can bring to your school community. The “Talking Phone Book” will be available in the fall.

MIAA Educational Athletics Service to Science Initiative

Through grant funding from Substance Abuse & Mental Health Services Administration (SAMHSA) and technical assistance provided by the Education Development Center (EDC), the MIAA completed a two-year project to build evaluation capacity for evidenced-based programs. Hopkinskint High and Keefe Tech were selected through an application process to participate in our study. Trans of adult and student leaders from these schools participated in the MIAA Educational Athletics curriculum and programs from January 2013-April 2014 including the Leadership Training Institute, YOU LEAD Program, Captains Workshops, New England Student Leadership Conference and Student and Adult Leader Workshops. Pre- and post-participation surveys and questionnaires were completed to measure knowledge. Follow-up surveys will measure what schools have been able to implement in their communities. Kevin Ringhofer, national trainer and program evaluator, was instrumental in developing these evaluation tools. The MIAA hopes to expand its study in scope and duration.

Wellness

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D
ick Baker, MIAA Assistant Director, has a few answers for that question. He coordinates the state’s Coaches’ Education program, which has been a model program in the nation. Baker offers the following supportive facts:

- In a survey published in Health Day, (April 26, 2012), it states, “92 percent of parents said they rely on coaches to keep their children safe while playing sports and only two in five parents know how much sports safety training their child’s coach has received.”
- Certified coaches are trained in all safety procedures.
- Certified coaches add a credible defense against certain types of litigation.
- Schools want teacher-coaches who understand how to deal with student-athletes in regards to skill development, safety, and sportsmanship.
- Schools need to understand and know the school athletic rules, the rules of their sport, and the MIAA rules.
- Schools want to have coach-teachers who set as a goal for all student-athletes to have a healthy and age-appropriate experience that fosters positive interactions with officials of the game itself, team, opponents, officials, rules, and the game itself.
- Schools want coaches who understand what “Educational Athletics” is.
- Schools want coaches who understand “win with dignity” and “lose with class”; who have a clear appreciation of both, and who foster positive interactions with officials of her/his sport.
- With those tenets offered, Baker said he knows schools have questions about implementation, so he offers responses to these frequently-asked questions:
  - Q: If our school has all our coaches take the ARC First Aid Course, will this meet the requirement?
  - A: Yes, the athletic director needs to send a list of coaches who are certified to ARC – please include the ARC Chapter & date course was taken.
  - Q: We just hired a coach who started coaching in 1997. Is she/he exempt?
  - A: Yes, providing she/he was coaching at the interscholastic level in 1997.
  - Q: Why is this rule in place?
  - A: To give all new coaches a foundation for coaching within an education-based athletic program. The NFHS Fundamentals of Coaching Course provides a unique student-centered curriculum for interscholastic coaches, assisting them in creating a healthy and age-appropriate experience that supports the academic mission of education based athletics.
  - Q: How do I begin?
  - A: Set up a course ASAP at your school

Why Coaches’ Education?

The Massachusetts Interscholastic Athletic Association encourages its member schools to teach Educational Athletics through the following five pillars:

**Wellness:** to empower students to make healthy life choices

**Sportsmanship:** to teach respect for self, team, opponents, officials, rules, and the game itself

**Leadership:** to promote the power of positive influence that student-athletes and coach-teachers share as role models

**Community Service:** to recognize the privilege of athletic participation and the responsibility of giving back to the community

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Intersections

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Upcoming Events

All events are at the MIAA Office unless otherwise indicated.

June 25, 2014
The Fundamentals of Coaching
Coaches’ Education Offering
@Reading High School
4:00 pm—8:00 pm

July 15—18, 2014
New England Student Leadership Conference @Stonehill College
This conference is a four-day, residential event for over 300 student and adult leaders

July 17, 2014
The Fundamentals of Coaching
Coaches’ Education Offering
9:30 am—2:00 pm

July 29, 2014
MIAA Rules Orientation/Induction Workshop for Principals & Athletic Directors
Mandatory for new Principals and Athletic Directors
@The Resort and Conference Center, Hyannis
noon—5:00 pm

August 13, 2014
The Fundamentals of Coaching
Coaches’ Education Offering
3:00 pm—7:30 pm

August 13, 2014
What is Hazing, Why Does it Perpetuate and How Do We Make Changes?
MIAA Workshop
8:30 am—2:00 pm

August 14, 2014
The Fundamentals of Coaching
Coaches’ Education Offering
@Stoneham High School
4:00 pm—8:00 pm

August 14, 2014
High School Captains Workshop
MIAA Workshop
Time TBA-watch www.miaa.net

August 19, 2014
MIAA Rules Orientation/Induction Workshop for Principals & Athletic Directors
Mandatory for new Principals and Athletic Directors
9:00 am—2:00 pm

Visit http://www.miaa.net/miaa/conferences for a complete listing of events.
What is the tallest buildings in the world currently under construction? Let's find out. Â Here we explore the 5 tallest buildings currently under construction. We also uncover the 20 largest buildings currently completed. By Christopher McFadden. July 21, 2019. worlds tallest buildings 1, 2. What is the tallest building in the world? What about the top 20? Here we answer these common questions, and more, on some of the tallest things mankind has ever been able to erect. Stream Tracks and Playlists from Building the Future on your desktop or mobile device. Â We use cookies for various purposes including analytics and personalized marketing. By continuing to use the service, you agree to our use of cookies as described in the Cookie Policy. OK. Help your audience discover your sounds. Let your audience know what to hear first. With any Pro plan, get Spotlight to showcase the best of your music & audio at the top of your profile. Last June, Future Buildings visited Norman Hardie Winery, in Prince Edward County. Here's what Norman had to say about wine-making, the county, and why he chose Future Buildings to make his vision into a reality. “Well it all started with a dream to make wines that talked of place and talked of great soils. Â And Future Buildings, I have to say, they were just, they were amazing to work with. Everything from A to Z was done with tremendous competency and expertise.