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Using real-world situations and scenarios, this guide will help physicians discover practical and useful strategies for introducing and promoting physical, emotional, and spiritual well-being. The topics covered throughout The CanMEDS Physician Health Guide were identified by a panel of experts—physicians who work with other physicians who have health concerns. Content experts were challenged to present their topic in a simple two-page spread that introduces readers to the topic, provides a sample case, and additional references for further reading. Request PDF | Promoting Health Equity Among Racially and Ethnically Diverse Adolescents A Practical Guide: A Practical Guide | Racial and ethnic minority youth have less access to health care and experience health disparities that are linked to social determinants that | Find, read and cite all the research you need on ResearchGate. This book is a practical reference for clinicians caring for racially and ethnically diverse adolescents seeking to effectively identify and address the social structures and factors that influence their health and well-being to promote health equity. It provides an overview of key health equity, population health and cultural competency principles and highlights clinical, teaching, and research skills critical to promoting health equity.
A Practical Guide. Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring: all of which have the potential to turn a life around. Leo Buscaglia. Suicide Prevention in the Community. A Practical Guide. Health Service Executive (2011). Authors: Mary O'Sullivan, MA, Mike Rainsford, MA, DMS, and Nicole Sihera, MSc.