“In this remarkable book, Chilean-American psychiatrist Claudio Naranjo takes us on a scientific adventure through his groundbreaking research into new experiential methods of psychotherapy facilitated by psychedelic substances. The Healing Journey reveals these consciousness-expanding compounds to be fascinating therapeutic tools that are now—40 years after the original publication—gaining wider recognition in Western clinical and academic circles.”

—Stanislav Grof, M.D., author of LSD Psychotherapy

About the Author

Claudio Naranjo is a psychiatrist and pioneer in the integration of psychotherapy, spirituality, and psychedelic experiences. He is a developer of the Enneagram of Personality, founder of the Seekers After Truth (SAT) Institute, and author of numerous books on psychotherapy, consciousness, personality, and education. Watkins’ Mind Body Spirit magazine named Claudio Naranjo as one of the 100 Most Spiritually Influential Living People of 2012. Now in his eighties, Naranjo is an internationally sought-after public speaker and teacher.
The Healing Journey is the Hero's Journey. Joseph Campbell, the most well-known mythologist, presented us with the idea of The Hero's Journey. He studied the ancient mythology from all cultures and found profound, cross-cultural parallels between the hero of those myths. The Hero, he realized, was an archetype so integral to the human psyche and the human experience that it arose in each culture. Here's how the Healing Journey goes. 1. the ordinary life. We find ourselves in the world we've always expected. The Journey Method was not derived from some theory or conceptualized formula, but rather was born from people's direct living experience of healing their lives: physically, emotionally, spiritually. And my wish for you in reading this book, dear reader, is that not only are you inspired by the stories contained within its pages, but also that you are catalyzed to begin your own healing Journey into the freedom and wholeness within. Verified Purchase. The Healing Journey gives the reader a look into early psychedelic psychotherapy using XTC type molecules. The book was done when these (eg. MDA, MMDA) substances were as legal as sea salt.