

Daily Buddhist Devotions

By

Ven Dr K Sri Dhammapada

Page 79-86:

Jaya Mangala Gatha

Stanzas of Victory

Recital for Blessings and Prosperity on significant occasions

These verses are recited by Buddhist devotees on many Buddhist countries on auspicious occasions such as weddings, house-warming ceremonies, felicitations and various kinds of blessing services. Children could be taught to sing the verses to the accompaniment of musical instruments.

These eight verses recall the great events which took place between the Buddha and his powerful opponents, who have tried to kill him, to humiliate Him and to defeat Him, and how the Buddha overcame all these disturbances calmly and peacefully through the merits of His great virtues; and finally how He converted His opponents into following the righteous way of living. Each verse is based on a beautiful story but it is not possible to mention them in this manual. One who recites these verses regularly and mindfully following the example given by the Buddha, can overcome many difficulties.

Jaya Mangala Gatha

1. Bahum sahassa mabhi nimmita
Sayu dhantam
Giri mekhalam udita ghora
sasena maram
Danadi dhamma vidhina
jitava Munindo
Tam tejasa bhavatu me
jaya mangalani

Creating a thousand hands armed with weapons, Mara was seated on the trumpeting, ferocious elephant Girimekhala. Him, together with his army, did the Lord of Sages subdue by means of generosity and other virtues. By the grace of this, may joyous victory be mine.

2. Marati reka mabhi
yujjhita sabba rattim
Ghoram pana-lavaka
makkha mathaddha yakkham
Khanti sudanta
vidhina jitava Munindo
Tam tejasa bhavatu me
jaya mangalani

More violent than Mara was the obstinate demon Alavaka, who battled with the Buddha throughout the night. Him, did the Lord of Sages subdue by means of His patience and self-control. By the grace of this, may joyous victory be mine.

3. Nalagirim gaja varam
ati matta bhutam
Davaggi cakka
masaniva su darunantam

Mettambu seka
vidhina jitava Munindo
Tam tejasa bhavatu me
jaya mangalani

Nalagiri, the king elephant, highly intoxicated, was raging like a forest fire and was terrible as a thunderbolt. Sprinkling the waters of loving-kindness, this ferocious beast, did the Lord of Sages subdue. By the grace of this, may joyous victory be mine.

4. Ukkhitta khagga
mathihattha sudarunantam
Dhavanti yojana
pathan-gulimala vantam
Iddhibhi sankhata mano
jitava Munindo
Tam tejasa bhavatu me
jaya mangalani

With lifted sword, for a distance of three leagues did wicked Angulimala run. Him, did the Lord of Sages subdue by his psychic powers. By the grace of this, may joyous victory be mine.

5. Katvana kattha'
mudaram iva gabhi niya
Cincaya duttha
vacanam janakaya majjhe
Santena soma vidhina
jitava Muninda
Tam tejasa bhavatu me
jaya mangalani

Her belly bound with maggots, to simulate the bigness of pregnancy, Cinca, with harsh words made foul accusation in the midst of an assemblage. Her did the Lord of Sages subdue by His *serene and graceful bearing*. By the grace of this, may joyous victory be mine.

6. Saccam vihaya
matisaccaka vada ketum
Vada-bhiropita nanam atiandha bhutam
Panna padipa jalito jitava Munindo
Tam tejasa bhavatu me
jaya mangalani

Haughty Saccaka, who ignored truth, was like a banner of controversy, and his vision was blinded by his own disputations. Lighting the lamp of *wisdom*, him, did the Lord of Sages subdue. By the grace of this, may joyous victory be mine.

7. Nando-pananda
bhujagam vibhudham mahiddhim
Puttena thera
Bhujagena damapayanto
Iddhupadesa
vidhina jitava Munindo

Tam tejasa bhavatu me
jaya mangalani

The wise and powerful serpent Nandopananda, did the noble Sage subdue by psychic power through His disciple son- Thera Moggallana. By the grace of this, may joyous victory be mine.

8. Duggaha ditthi
Bhujagena sudattha hattham
Brahmam visuddhi juti middhi
Baka bhidhanam
Nana gadena vidhina jitava Munindo
Tam tejasa bhavatu me
jaya mangalani

The pure, radiant, majestic Brahma Baka, whose hand was grievously bitten by the snake of tenacious heresies, did the Lord of Sages cure with His Medicine of wisdom. By the grace of this, may joyous victory be mine.

9. Etapi Buddha
jaya mangala attha gatha
Yo vacako dina dine sarate matandi
Hitvana neka
vividhani c'upaddavani
Mokkham sukham
adhi gameyya naro sapanno

The wise one, who daily recites and earnestly remembers these eight verses of joyous victory of the Buddha, will get rid of various misfortunes and gain the bliss of Nibbana.

Page 93-99
Mangala Sutta
Discourse on Blessings
Recital for Blessings on auspicious occasions

The Buddha uttered the following Sutta to explain the attainment of real blessings. The Sutta itself tells us of the background and the significance of this famous discourse. The Buddha clarified the doubts of the Devas (gods) when they wanted to know what constituted a real blessing. In the Buddhist sense a 'blessing' is not something which is given by a divine being, but a state of well-being which arises within oneself when one lives righteously, maintains human dignity, and creates a healthy environment.

It is customary to recite this Sutta on auspicious occasions. This Sutta is not just for recital. Devotees must also understand its meaning and put its principles into practice. It is by practicing the advice given in this Sutta that one can receive 'blessings'. Here, we find the ethical, moral and spiritual teachings of the Master for the guidance of devotees. The discourse tells us that the Buddha's teachings are not confined to the philosophical and psychological aspects of the religion but extends to the field of social service and the cultivation of self-discipline. Since these verses are supposed to be the original words of the Buddha, Buddhist devotees have high respect for and confidence in them.

Mangala Sutta

Evam me sutam
Ekam samayam bhagava
Savatthiyam viharati Jetavane
Anatha-pindikassa arame
Atha kho annatara devata
Abhikkantaya rattiya abhikkanta vanna
Kevala kappam Jetavanam Obhasetva
Yena bhagava tenupasam-kami
Upasam kamitva bhagavantam
Abhivadetva ekamantam atthasi
Ekamantam thita kho sa devata
Bhagavantam gathaya ajjhabhasi

Thus I have heard:

On one occasion the Blessed One,
Was dwelling at the monastery of
Anathapindika in Jeta's Grove near Savatthi.
When the night was far spent,
A certain deity whose surpassing splendour
illuminated the entire Jeta Grove,
Came to the presence of the Blessed one,
and drawing near, respectfully saluted and stood at one side.
Standing thus,
he addressed the Blessed One in verse:

1. Bahu deva manussa ca
Mangalani acintayum
Akankha-mana sotthanam
Bruhi mangala muttamam

Many deities and men, yearning after good,
Have pondered on Blessings.
Pray, tell me the Supreme Blessing.

2. Asevana ca balanam
Panditanan ca sevana
Puja ca puja-niyanam
Etam mangala muttamam

Not to follow or associate with fools,
To associate with the wise,
And honour those who are worthy of honour.
This is the Supreme Blessing.

3. Patirupa-desa vaso ca
Pubbe ca kata-punnata
Atta samma panidhi ca
Etam mangala muttamam

To reside in a suitable locality,
To have done meritorious actions in the past,
and to have set oneself on the right course (towards emancipation).
This is the Supreme Blessing.

4. Bahu saccanca sippanca
Vinayo ca susikkhito
Subhasita ca ya vaca
Etam mangala muttamam

Vast-learning, perfect handicraft,
A highly trained discipline
and pleasant speech.
This is the Supreme Blessing.

5. Mata pitu upatthanam
Putta darassa sangaho
Anakula ca kammanta
Etam mangala muttamam

The support of father and mother,
The cherishing of wife and children
and peaceful occupations,
This is the Supreme Blessing.

6. Danam ca dhamma-cariya ca
Natakananca sangaho
Anavajjani kammani
Etam mangala muttamam

Liberality, righteous conduct,
The helping of relatives
and blameless actions,
This is the Supreme Blessing.

7. Arati virati papa
Majja-pana ca sannamo
Appa-mado ca dhammesu
Etam mangala muttamam

To cease and abstain from evil,
forbearance with respect to intoxicants
and steadfastness in virtue.
This is the Supreme Blessing.

8. Garavo ca nivato ca
Santutthi ca katannuta
Kalena dhamma savanam
Etam mangala muttamam

Reverence, humility,
Contentment, gratitude and
opportune hearing of the Dhamma.
This is the Supreme Blessing.

9. Khanti ca Sovacassata,
Samana nancā dassanam
Kalena dhamma sakaccha
Etam mangala muttamam

Patience, obedience,
sight of the Samanas (holy men)
And religious discussions at due season.
This is the Supreme Blessing.

10. Tapo ca brahma cariyaca
Ariya saccana dassanam
Nibbana sacchi kiriyaca
Etam mangala muttamam

Self-control, pure life,
perception of the Noble Truths
and the realization of Nibbana.
This is the Supreme Blessing.

11. Putthasa loka dhammehi
Cittam yassa na kampati
Asokam virajam khemam
Etam mangala muttamam

He whose mind does not flutter,
by contact with worldly contingencies,
sorrowless, stainless and secure.
This is the Supreme Blessing.

12. Eta-disani katvana
Sabbattha maparajita
Sabbattha sothim gacchanti
Tam tesam mangala-muttamanti

To them, fulfilling matters such as these,
everywhere invincible,
in every way moving happily.
These are the Supreme Blessings.

**Morning and Evening
Recitals in Place of Prayer
(Pg 113-119)**

Reciting these devotional verses can calm and develop confidence in the mind. And it takes only a few minutes. You need not always use the words given here. You may add your own to suit your particular need or situation. These verses can also be used for group functions such as after a Dhamma talk or during a Buddha puja.

Before the start of the recital, put aside all distracting thoughts. Lighten your heart and purify your mind. Pause and reflect on the words and let them meet up your mind's door. If someone you know is facing some difficulties, send him or her your compassionate thoughts. Wish that he or she will overcome the troubles and be happy.

At the start of a day, cheer up your mind to be positive and energetic. Lift your heart with good and loving thoughts for the rest of the day.

In the evening, reflect on your day's actions. Rejoice over your good actions but learn from your mistakes by not repeating them.

Impress upon your mind to be stronger, wiser and happier. Invite the Buddha, Dhamma and Sangha into your life for guidance and protection. Take the Buddha, the ideal of Love and Compassion, Wisdom and Purity, as your Spiritual Ideal in your thoughts and action. Follow the Dhamma everyday and in every way to fulfil your aspirations. Follow the example of the noble Sangha who liberated themselves through diligence.

The daily devotions in Pali should be recited with confidence and reverence. For those who prefer to do their devotions in English, the two short verses that follow, one for the morning and one for the evening, can be recited.

A short Recital in Place of Prayer for Blessing and Protection at Any Time

**Sabbe Buddha balappatta
Paccekananca yan balan
Arahan tananca tejena
Rakkhan bandhami sabbaso**

By the (protective) power
of all the Buddhas,
Pacceka Buddhas and all Arahants
We secure our protection in very way.

**Sabbitiyo vivajjantu
Sabbarogo vinassatu
Mame bhavattvan tarayo
Sukhi dighayuko bhava**

May all misfortunes be warde off,
may all ailments cease;
may no calamities befall us;
May I live long in peace.

**Bhavatu sabba mangalan
Rakkhantu sabba devata
Sabba buddhanu bhavena
Sada sotthi bhavantu me**

May all blessings be upon me.
May all devas (deities) protect me.
By the protective power of all
The Buddhas may safety ever be mine.

**Nakkhatta yakkha bhutanan
Papaggaha nivarana
Parittassanu bhavena
Hantva maiham upaddave**

By the power of this Paritta (Protection)
May I be free from all dangers arising
From malign influences of the planets,
demons and spirits.
May our misfortunes vanish.

**Yan dunnimittan avamangalanca
Yocamanapo sakunassa saddo
Papaggaho dussupinan akantan
Buddhanu bhavena vinasamentu**

By the power of the Buddha
may all evil omens and untoward
circumstances, the ominous cry of birds
the malign conjunctions of the stars,
And evil dreams be vanished.

**Dukkhappattaca niddukkha
Bhayappattaca nibbhaya
Sokappattaca nissoka
Hontu sabbepi panino**

Let those who are in misery
Be free from misery;
Let those who are in fear,
(agony and insecure)
be free from fear, agony and insecurity ;
Let those who are in sorrow
be free from sorrow and
Let all living beings be
free from misery, fear and sorrow.

**Devo vassatu kalena
Sassa sampatti hetuca
Phito bhavatu lokoca
Raja bhavatu dhammiko**

May the rains fall in due season;
may there be a rich harvest;
may the world prosper;
May the ruler be righteous.

Extracted From The Book : Daily Buddhist Devotions
The Full Text is on Sale and can be obtained from:
Buddhist Missionary Society
Buddhist Maha Vihara
123, Jalan Berhala, Brickfields
50470 Kuala Lumpur
Malaysia

Read daily devotions from your favorite Christian ministries, pastors, and speakers on Crosswalk.com! Find devotions on subjects like spiritual growth, family, lifestyle, for women, wisdom, and lengua Española, from popular Christian ministries and speakers like Proverbs 31, Adrian Rogers, Bayless Conley, Charles Swindoll, Greg Laurie, Charles Stanley, Jack Graham, Ed Young, Tony Evans, and many more. Daily Devotionals, Christian Devotions for Bible Study. Toggle navigation. BROWSE TOPICSX. Daily Buddhist Devotion - bukudharma.com. Daily Buddhist Devotions Product Availability: In stock With the growing interest in the Buddha Dhamma in recent years, there is an increasing need for a manual of Buddhist texts that could be used to introduce newcomers to the basic tenets of Buddhism and the traditional Buddhist practices expressing reverence and devotion to the Blessed One.

Von:<https://www.online.buddhistcc.com/books/daily-buddhist-devotions-detail.html>. Daily readings for devoted living. Subscribe Get daily devotions delivered to your mailbox or via email with the In Touch monthly devotional. It's Free! Topics. Get Involved. From the Pastor's Heart Read this month's letter from Dr. Charles Stanley. Messenger Lab Many devices, one message. See how God is working through your partnership to take the gospel to the ends of the earth.